

### What makes a Trained Leader?

#### Scoutmasters & Assistant Scoutmasters

are considered trained when they have completed:

- FAST START olc Date: \_\_\_\_\_
- Youth Protection olc \_\_\_\_\_
- Leader Specific Training \_\_\_\_\_
  - Scoutmaster in a Boy-Led Troop
  - Outdoor Program and Advancement
  - Program Planning & Troop Administration
- BOLT/OWL (Skills on back side of card) \_\_\_\_\_
- This is Scouting olc \_\_\_\_\_

#### Unit Committee Members

are considered trained when they have completed:

- FAST START olc Date: \_\_\_\_\_
- Youth Protection olc \_\_\_\_\_
- Troop Committee Challenge olc \_\_\_\_\_
- This is Scouting olc \_\_\_\_\_

#### Supplemental Training:

- Roundtable Date: \_\_\_\_\_
- Training Day Program Classes \_\_\_\_\_
- Wood Badge \_\_\_\_\_
- Powder Horn \_\_\_\_\_
- HAT \_\_\_\_\_
- Hazardous Weather \_\_\_\_\_
- Health and Safety Training \_\_\_\_\_
- Safe Swim Defense \_\_\_\_\_
- Safety Afloat \_\_\_\_\_
- Scout Parents Unit Coordinator \_\_\_\_\_
- The Trainer's EDGE \_\_\_\_\_
- Troop Committee Challenge \_\_\_\_\_
- Philmont Leadership Challenge \_\_\_\_\_
- Philmont Training Center (various courses) \_\_\_\_\_

olc = Online Learning Center

Southern Sierra Council BSA

Progress record for

### BOY SCOUT LEADER TRAINING



Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_  
 State/Zip \_\_\_\_\_ Unit # \_\_\_\_\_  
 District \_\_\_\_\_  
 Council Southern Sierra  
 Position \_\_\_\_\_  
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- The American Flag** \_\_\_\_\_ / /
- Raise, Fold, display
- Tents and Shelter** \_\_\_\_\_ / /
- Pitching a tent
- Ropes and Lashing** \_\_\_\_\_ / /
- Whip and fuse ends
  - Taut-line hitch
  - Clove hitch
  - Shear lashing
  - Bowline
  - Two half hitches
  - Timber hitch
  - Square lashing
  - Diagonal lashing
- Wood Tools** \_\_\_\_\_ / /
- Knife
  - Ax-methods
  - Camp saws
  - Sharpening tools
- Camp Fires** \_\_\_\_\_ / /
- Tinder
  - Fire fuel
  - Kindling
  - Extinguishing

- Cooking** \_\_\_\_\_ / /
- Menu planning
  - Clean-up
  - Backpack stove
- Additional Skills** \_\_\_\_\_ / /
- Compass reading
  - Map reading
  - Camp and pack basics
  - Plant identification
  - Orienteering
  - Hiking basics
  - Animal identification
  - Leave No Trace camping
- Tenderfoot First Aid** \_\_\_\_\_ / /
- Cuts and scratches
  - Minor burns and scalds
  - Identify poisonous plants
  - Nosebleed
  - Frostbite and sunburn
  - Hand and foot blisters
  - Bites and stings of insects
  - Poisonous snakebites
  - Heimlich maneuver

- Second Class First Aid** \_\_\_\_\_ / /
- Serious bleeding
  - Object in the eye
  - Puncture wounds
  - Heat exhaustion
  - Heatstroke
  - Hypothermia
  - Internal poisoning
  - Rabid animal bite
  - Serious burns
  - Shock
  - Dehydration
  - Hyperventilation
- First Class First Aid** \_\_\_\_\_ / /
- Bandages** \_\_\_\_\_ / /
- Head Injury
  - Collarbone
  - Upper arm
  - Sprained ankle
- Transport** \_\_\_\_\_ / /
- Smoke-filled room
  - Sprained Ankle-25 yards
- Five signs of heart attack
  - Explain basic CPR

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